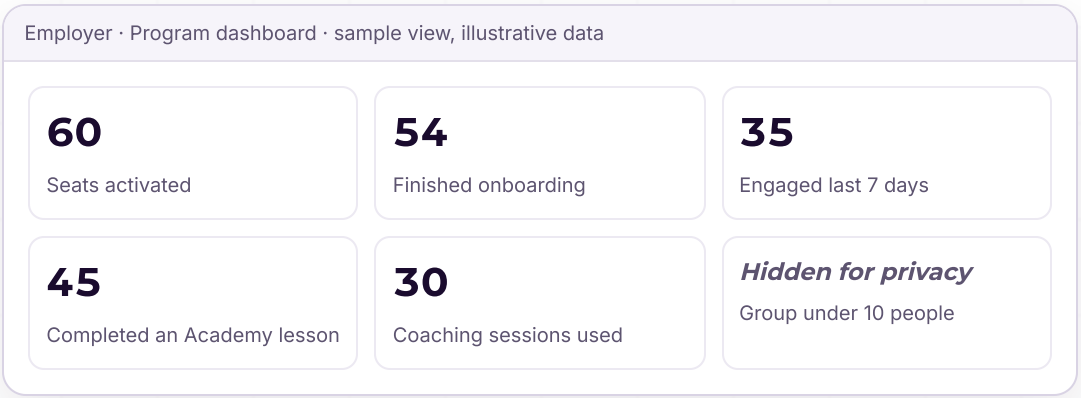
MINDSPRING
REBOUND

PROGRAM OVERVIEW

Transition support your people will actually use.

REBOUND gives every departing employee coaching, AI-era skills and career tools for 6–12 months — with group-level reporting that never exposes anyone's private data.

Recalibrate · Regroup · Reskill · Relaunch



Sample figures are illustrative, not customer results.

WHAT YOU BUY

Every seat includes

- A private, personalised transition plan across Recalibrate, Regroup, Reskill and Relaunch
- An AI coaching team available any time, with built-in safety guidance
- Human career coaching — group clinics, or 6 to 15 one-on-one sessions depending on package
- The AI Skills Academy: hands-on tracks with real tasks and completion badges
- Career Reinvention Studio: résumé builder, story bank, interview practice, path exploration
- Live seminars, replays and facilitated peer groups
- ZoneIN focus and self-awareness tools
- Optional Talent Reconnect, so people you'd rehire can choose to stay visible to you

Packages

Essential

- 6 months of access (12-month option available)
- AI coach and chat, with a fair-use policy
- Full standard access to ZoneIN focus tools and games
- AI Academy foundations track
- 3 live flagship seminars: Leadership, Strategy and Recalibration
- Group career clinic with a human coach
- Standard career suite: résumé, story, and interview tools
- Community events with peers
- Opt-in Talent Reconnect
- Aggregate employer dashboard
- Standard help desk

Advance

- 12 months of access
- AI coach and chat included
- Full access to ZoneIN focus tools and games
- All standard AI Academy tracks
- 3 live flagship seminars, plus replays
- 6 one-on-one career coaching sessions (50 minutes each)
- Advanced career suite with reviews
- Facilitated peer groups
- Opt-in Talent Reconnect
- Aggregate employer dashboard
- Scheduling assistance

Executive

- 12 months of access
- Priority AI coach tier and premium experiences
- Full access to ZoneIN focus tools and games
- All AI Academy tracks, plus a customized track
- 3 live flagship seminars, plus replays and the Executive Seminar Training Program
- 15 one-on-one career coaching sessions (50 minutes each)
- Dedicated advisor reviews of career materials
- Executive peer circles
- Opt-in Talent Reconnect
- Aggregate employer dashboard
- An assigned transition concierge

Pilot pricing — talk to us. Package contents are confirmed in your agreement.

What it does for your company

Do right by people

Offer support that goes beyond a severance letter: a structured path to what's next.

Protect your employer brand

Departing employees, remaining staff and future candidates all see how you treat people at the hardest moment.

Steady the people who stay

Remaining teams know colleagues are supported, which helps them refocus.

Keep a door open to talent

Talent Reconnect lets former employees choose to stay visible, so you can rehire skilled, AI-ready people you already know.

See that it's working

Track activation, engagement, learning and coaching use in group totals, updated continuously.

Stay on the right side of privacy

Designed so you never hold individual wellbeing, chat, journal or coaching data. Small groups are hidden automatically.

Not therapy, diagnosis or treatment. No job outcome is guaranteed.

WHERE YOUR PEOPLE WILL BE

From Day 1 to Month 12

Milestone	For the participant	What you see (groups of 10+ only)
Day 1 · Settled in	A private plan, a first small step, and clear privacy choices.	Activation counts
Day 30 · Steadier footing	A routine that fits their energy and a first Academy lesson.	Onboarding and engagement totals
Day 90 · Building proof	Practical AI skills, a rebuilt résumé and story bank.	Learning, badges and seminar totals
Month 6 · Ready to relaunch	Interview practice, coaching, and a portfolio they can show.	Coaching sessions used
Month 12 · Moving forward	A plan for the next role and routines that hold up (Advance and Executive).	Self-reported new roles, labelled unverified

Stages reflect time since program start, not a score or a promise about the job market.

Privacy is the product

Your company never sees:

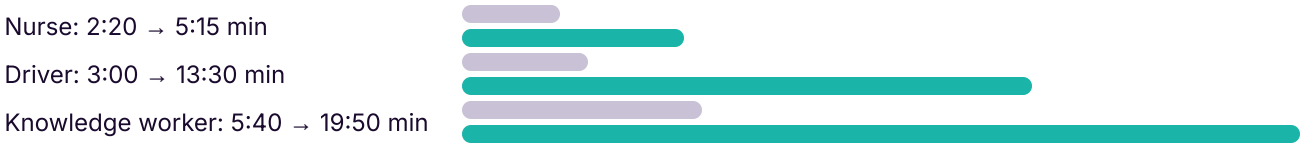
- Your chats with the AI coach
- Your journal
- Your wellbeing check-ins, mood, sleep, or energy
- Your game scores or results
- What you discuss with a coach
- Your job applications
- Anything about a crisis or a hard moment

Reporting comes only from group totals, hidden when a group has fewer than 10 people — after every filter and download.

EVIDENCE FROM ZONEIN, THE FOCUS ENGINE INSIDE REBOUND

85% **145%**

In internal studies with customer teams in live work settings, 85% of users who trained 15 minutes a day for eight weeks showed an average 145% increase in sustained attention. Internal data, not a peer-reviewed study; results vary.



Individual cases from MindSpring's internal, uncontrolled programs — no control arm; individual participants, not cohort medians.

These are ZoneIN focus-training results, not REBOUND job or re-employment outcomes.

Minutes of sustained attention, before → after.

CORPORATE PILOT

See the impact with your own people.

25–100
participants in one pilot cohort

90 days
to an aggregate impact review

10+
people per group before any number is shown

How a pilot runs

1. Discovery call — goals, population, timing and regions.
2. Pilot scope — cohort size, package mix and duration agreed in writing.
3. Privacy and legal review — your teams review our data practices and notices.
4. Launch kit — invitation emails, manager talking points and an FAQ.
5. 90-day review — aggregate usage and participant feedback, with no causal claims.

What participants leave with

- A personal transition plan
- A rebuilt résumé and story bank
- Practical AI skills
- Completion badges
- A portfolio of real projects
- Interview confidence
- Routines that hold up
- People in your corner

What we don't claim

REBOUND is not therapy, diagnosis or treatment, and no program can guarantee a job. Burnout is an occupational phenomenon, not a disease. MindSpring completion badges are not accredited credentials.

Request a corporate pilot

Online: **/rebound/pilot** on the REBOUND site · Pilot pricing — talk to us.

MindSpring Innovations Inc. · We reply within two business days.

REBOUND is not a crisis or emergency service. In the US, call or text 988 (Suicide & Crisis Lifeline); in an emergency, call 911.

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